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TODAY'S FREE SPORTS BETTING TIPS...

[StatMan](#)

Win Bet - Haydock 16:25 - Canford Heights @ 5/2

[The Pro Punter](#)

Win Bet - Downpatrick 17:20 - Miss Aloud @ 7/4

[Value Wins](#)

Win Bet - Newcastle (A.W) 17:45 - Special Mission @ 4/1

Kenya Can Do The Cambridgeshire Double - By Ian Hudson

Kenya won the Irish Cambridgeshire and at the weights has been given a decent chance to complete the double in the English version at Newmarket on Saturday. The heritage handicap over the Rowley Mile has a maximum field of 35 runners and the race looks like being fully subscribed. Kenya has produced the goods in the hurly burly of a big field handicap and can use that experience to win the Cambridgeshire for Aidan O'Brien. The jockey has not been named but it could be Ryan Moore.

The race is open to horses aged three and older and the distance is actually one mile and one furlong. The race was first run in 1839 so is one of the oldest handicaps on the calendar. The Cesarewitch was first run in the same year and the races form the Autumn Double. Three horses completed the double in the 19th century but horses with different attributes are suited to each race so it is now never attempted. In fact no horse has run in both races in the same year for more than a century.

The Cambridgeshire is a handicap which means each horse is allocated a weight based on proven form. The theory is that each of the 35 runners has an equal chance of finishing first. However, there will be unexposed horses who have been prepared for the race and they could be blots on the handicap. The trick is identifying horses on a winnable mark and in such a big field a number of runners may qualify. There could be a potential Group horse lurking in this handicap.

Naturally the winner of the race will go up in the weights and in such an open contest multiple winners are rare. In fact no horse has won the Cambridgeshire three times but seven have won it twice. Bronze Angel is the most recent dual winner (2012 and 2014) and carried eight stone and eight pounds in both races. The weights rise after the first win led to a dip in form and Bronze Angel slipped down the weights ahead of the second win two years later. The Starting Price was 9/1 and 14/1. Since 2000 there have been three winning favourites and the average price of the winner is 20/1.

The leading trainers and jockeys won the race four times but both those records were set in the 19th century. Marcus Tregoning trained Bronze Angel and is the only trainer to win the race more than once since John Gosden was the winning trainer with two different horses in 2007 and 2008. Since 2000 no jockey has ridden the winner more than once. Moore has never won the Cambridgeshire and Frankie Dettori's only winner was in 1994.

Kenya won the Irish Cambridgeshire with plenty in hand and can accommodate an eight pounds rise in the weights. Horses that are trained outside the UK are worth considering. The form of races in Britain and Ireland can be hard to compare so Kenya could be that horse given too little weight. The winner often makes progress from a previous race but Kenya's form is now in the public domain. The horse was in

a different class in Ireland and can complete the Cambridgeshire double at Newmarket this weekend.

Today's Sports Betting Preview - By Rick Elliott

The Value Lies In Backing Europe

The Ryder Cup is off and running and the United States have made the better start but there is very little in it. The US have now won the Cup away from home since 1993 and Tiger Woods has only been in a winning team in 1999. Potentially Europe have the better leadership but certainly home support and course knowledge. Le Golf National hosts the French Open every year on the European Tour. Its early days but the value lies in backing EUROPE at 13/10 with **Betfair**. In an ever changing scenario the odds could be totally different when you read this preview. At the time of writing at about 9am there is no more than one hole in the four matches on the course.

Meanwhile in Yorkshire something more important is happening than the Ryder Cup. The Championship clash brings together teams from the two biggest cities in the county. Sheffield Wednesday are unbeaten in their latest six matches at home and they can extend that run against Leeds tonight. The visitors are the league leaders but are weakened by some key absentees especially in the final third. Wednesday welcome their local rivals on the back of beating Aston Villa away from home. Leeds are the only team in the Championship who have avoided defeat on the road. The hosts defence should cope with the Leeds second string up front so the value lies in backing SHEFFIELD WEDNESDAY at 5/2 with **bet365**.

It's the second day of the Cambridgeshire meeting at Newmarket and the card features two Group 2 races and one Group 3 contest. The Shadwell Joel Stakes (3.35) is at the second level and it's a mile race for horses aged three and older. The older horses carry a four pounds penalty and that could be crucial in the final outcome. Regal Reality is the only three-year-old in the five runner field. The horse has only raced four times but is progressive. The form of a Group 3 win at Goodwood has worked out well and four pounds is a handy allowance. In a tight contest REGAL REALITY can win this race and that outcome is 11/4 with **Ladbrokes**.